

interventions for vulnerable youth



www.cycj.org.uk/ivy

Young people who present a significant risk to others are often marginalised in society and are unable or unwilling to access typical mainstream resources.

The IVY project was introduced by the Centre for Youth & Criminal Justice and funded by the Scottish Government to meet the needs of high risk young people by promoting best practice in mental health and risk assessment/management for this vulnerable group.

IVY is a specialised psychology and social work service that aims to support and contribute to the assessments and

interventions detailed in the child's plan. Our goal is to support local authorities and partners across Scotland by providing both evidence-based risk assessment and management plans and specialist psychological assessments for young people (aged 12 to 18) who are presenting a significant risk and often have complex needs.

To make a referral to IVY, you can download a referral and consent form at www.cycj.org.uk/ivy. For further information or to discuss a potential referral please contact Leanne Gregory on (0141) 444 8700 or email ivy-admin@strath.ac.uk.

Level 1 – Consultation

The referrer can request a consultation meeting with the panel during which they can explore any concerns over the young person's functioning, mental health, emotional, behavioural and interpersonal functioning and how this might be relevant to their risk. Using the principles of structured professional judgement, the panel will help the referrer develop (or refine) a working risk analysis or formulation, and risk management plan. Where there is a need for additional assessments, referrers will be invited to progress to level 2

Level 2 – Specialist Assessment

For complex cases, the provision of specialist forensic mental health/ psychological assessments examining, for example, cognitive level, personality style, attachment disorder, trauma, developmental disorders, etc. will be available and where non-acute treatment needs are identified the lead professional will be offered ongoing support and guidance to help address the presenting problems. Where necessary, and in a small proportion of cases, direct intervention with the young person may be required – a level 3 intervention

Level 3 – Specialist Treatment

For a small proportion of cases, the clinical psychologist, in conjunction with the lead consultant and forensic psychologist will provide an individualised treatment to the young person meeting forensic mental health needs. This will be a formulation led treatment that is informed by theory and that is sequenced and delivered according to the presenting problems and abilities of the young person

Referrer feedback on IVY

"It's excellent to be able to access this kind of support, and so quickly"

"Having a minute and risk assessment within a fortnight is unheard of, thank you"

"The report is spot on, excellent. It's an excellent service"

"This group offers a very supportive environment, where extensive experience is shared from a multidisciplinary team with practitioners. This not only assists with the support of young people, but offers a realistic way forward"

"The consultation was really positive to help formulate a better plan"
