



# IVY Workplan 2017/18

## Background

**Our vision** is a Scotland where all individuals and communities are safe and flourish; and where Scottish youth justice practice, policy and research is internationally renowned and respected.

To achieve this vision we work to advance four short-term **outcomes**:

1. There is a good understanding of what supports, and what are barriers to, children and young people being safe and flourishing
2. Youth justice practice and policy are informed by our best knowledge and evidence
3. Youth justice stakeholders work together to design, develop and implement improvements
4. Youth justice practitioners have the skills, confidence and support they need to best help children and young people

To make progress on these four outcomes our work focuses on three broad areas:

**Practice Development:** Working with practitioners and policy-makers to undertake, support and coordinate activities to improve

**Research:** Undertaking, supporting and coordinating research

**Knowledge exchange:** Sharing and disseminating knowledge

IVY is primarily funded through a grant from the Scottish Government and this workplan details the work we will deliver funded by this grant. We will also sometimes charge for some of the training listed here, to encourage attendance and cover costs.

## Workplan 2017/18

The table below specifies the projects and activities we will undertake in 2017/18 funded by the Scottish Government 'IVY grant'. We report on these activities, progress and performance on a quarterly basis to the Scottish Government and CYCJ's Executive Governance Group. Most of our activities make some contribution to all four of our outcomes specified above, but here the key outcomes for each activity are noted.

Project plans will be produced for each significant piece of work and kept up to date as the work progresses. These plans will specify approach, remit, timescales and outcomes in greater depth, and will be available on request.

### Theme One: Mental health and trauma

To provide a <b>three staged model of intervention</b> guided by the principles of best practice in consultation and thereafter risk assessment and treatment for complex cases	<b>Claire Lightowler &amp; Lorraine Johnstone</b>	Q1-Q4	Outcomes 3 & 4
Run a <b>mental health and trauma service</b> for the whole of Scotland for young people aged 12-18	<b>Claire Lightowler</b>	Q1-4	Outcomes 1-4
Run a <b>national professional development event</b> on mental health, trauma and complexity	<b>Carole Murphy, Pamela Morrison, Kate Black &amp; Clare Neil</b>	Q4	Outcomes 1, 2 & 4
<b>Promote the work and outcomes of IVY</b> through speaking at conferences/events	<b>Kate Black, Clare Neil &amp; Carole Murphy</b>	Q3-Q4	Outcomes 1 & 3
Produce <b>papers and information sheets</b> on various aspects of IVY to share learning and good practice	<b>Kate Black, Clare Neil &amp; Nina Vaswani</b>	Q1-Q2	Outcomes 3 & 4
Support a <b>Masters Student</b> to undertake research in relation to attachment difficulties and young people, using data from IVY	<b>Kate Black</b>	Q1-2	Outcome 4

## Theme Two: High risk and complex needs

Undertake <b>research</b> about the backgrounds and needs of our most vulnerable young people	<b>Nina Vaswani</b>	Q1-4	Outcomes 1-4
Maintain an up to date profile of <b>young people referred to IVY</b> . This will be monitored through the publication of quarterly monitoring reports	<b>Clare Neil</b>	Q1-Q4 At least quarterly	Outcomes 1 & 2

## Theme Three: The role of youth justice and working with others (professionals, young people and families)

Produce a thinkpiece on the <b>role of joint working with social work and psychology</b>	<b>Clare Neil &amp; Kate Black</b>	Q3	Outcomes 2, 3 & 4
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## Theme Four: Young People and their families - engagement and perspectives

Gathering <b>Young people's and their families perspectives</b> on the IVY service	<b>Nina Vaswani and Kristina Moodie</b>	Q4	Outcomes 2 & 4
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## Theme Five: Implementation and improvement

<b>Projects and Outputs</b>	<b>CYCJ lead &amp; partners</b>	<b>Timescales &amp; frequency</b>	<b>Outcomes</b>
<b>Service audit and performance monitoring</b>	<b>IVY team</b>	Q1-4	Outcome 2
<b>Practitioner support service:</b> Provide a practitioner support and information service in relation to high risk young people.	<b>Kate Black &amp; Clare Neil</b>	Q1-4	Outcomes: 2 & 4
Run specific <b>training and refresher sessions</b> on specific topics including: <ul style="list-style-type: none"> <li>• START AV</li> <li>• SAVRY</li> <li>• Attachment &amp; Trauma</li> <li>• Risk formulation</li> </ul>	<b>Kate Black</b>	Q1-Q4  No. sessions to be based on demand.	Outcomes 1, 2, 3 & 4
<b>Lectures:</b> Undertake lectures across Scottish Universities to support the future workforce	<b>Clare Neil</b>	Q1-4	Outcome 4