

## CYCJ Roadshows - what's on offer

Accessing and delivering relevant and up-to-date research and practice information to support staff development can be challenging. To alleviate this, the Centre for Youth & Criminal Justice will bring a learning and development roadshow to you, whether you're in Shetland or the Scottish Borders.

Roadshows have been very well received by practitioners across Scotland, garnering positive feedback.

*"Fab - input one of the best ones  
I have been to"*

*"The roadshow was highly valued by  
all those who attended"*

The following roadshow topics are currently available which can be tailored to your staff members' needs and your local area. Please contact [cycj@strath.ac.uk](mailto:cycj@strath.ac.uk) to discuss should you require a bespoke input.

**Adverse Childhood Experiences** can have a significant impact upon the lives of children affecting all aspects of their emotional, physical and psychological development through the life course. Using developing research and IVY data, this roadshow will explore the connections between experiences of childhood adversity and increased risk of exposure to violence as both victim and perpetrator, to consider how we can change practice to reduce the impact and associated consequences of childhood adversity.

**Bereavement, Loss and Trauma** This roadshow looks at the impact that a wide range of losses, as well as bereavement and trauma, can have on young people's behaviour. Hear about the latest research and reflect on the implications for practice.

### **Understanding the relationship between brain development and offending behaviour**

The brain is the most complex organ in the human body and a number of factors can influence the brain's development and physical structure from its initial development and throughout the life course. By understanding how negative and positive experiences affect brain development, we can consider what this means for our understanding of children's involvement in offending behaviour and how can we use this learning in practice to influence change.

**Diversion from Prosecution** is an important opportunity to divert 16/17year olds from court prosecution in the first instance. This roadshow will consider best practice in diversion with 16/17 year olds that could be applicable to working with under 21 year olds and explore the systems and practice required.

**Early and Effective Intervention (EEI)** This roadshow aims to assist with understanding and application of the Framework of Core Elements to promote national consistency while having flexibility for local delivery. It outlines best practice for EEI and considers what this means within the context of a rights based approach and implementation of the Children and Young People (Scotland) Act 2014.

**Getting It Right for Girls - Working with Vulnerable and High Risk Girls** This roadshow explores the needs of vulnerable and high risk girls and examines the theories of relational aggression and resilience. Requirements for effective practice and good practice examples in working with girls will also be shared.

CYCJ is primarily funded by the Scottish Government and hosted by the University of Strathclyde.

**Managing High Risk** This session considers the theories behind working with the small but significant cohort of young people who present with high risk behaviours including violence or harmful sexual behaviour, and subsequent methods of managing risk, which can include learnings from the Interventions for Vulnerable Youth (IVY) project. A half-day awareness raising session on Care and Risk Management is also available as part of this roadshow theme.

**Offending and Residential Childcare** This roadshow will introduce the findings of research in this area, including the CYCJ report ['"Between a rock and a hard place": Responses to Offending in Residential Childcare'](#), explore what can support residential childcare workers in responding to offending and the impact of system responses on young people, and provide an opportunity to reflect on the implications for practice.

**Risk formulation and Intervention Planning** This session will discuss and share the purpose and application of formulation through three different models (4 P's, Mindful formulation and CBT Model) and how formulation should inform your intervention planning to be more meaningful in terms of individual children and their families.

**Understanding and responding to harmful sexual behaviour (HSB)** Sexual behaviour is a normal part of growing up and developing. However, it is important to recognise that there are situations where behaviour may become concerning and/or harmful to both the child carrying out these behaviours and others who may be harmed. It is important that responses are appropriate and proportionate and delivered in a child-centred, and informed manner. This roadshow will use current research and evidence to provide an overview of both offline and online harmful sexual behaviours and consider what is supportive in terms of assessment and intervention.

**Whole System Approach: Responding to complexity and lessons learned** This roadshow considers the development of Whole System Approach (WSA): what it is; the rationale behind this; how it has attempted to respond to the complexity of the lives of children involved in offending; and what has been achieved. It will particularly explore what Community Justice can learn from the WSA, and will consider the potential for extending the WSA to adults.

**Working with Young People: Core Skills for Practice** This session examines the core skills needed for establishing effective working relationships with challenging young people and for effective youth justice practice.