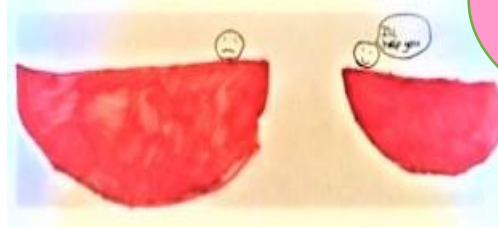


## When the rain is blowing in your face...

What do you do? Who do you turn to? This is what a group of incredible Primary 4s have to say:

Smell the strawberries,  
blow out candles



Use your back-up crew - people you can trust and will support you

Always try to include everyone don't exclude people.

Do things you enjoy and relax you



Be resilient when you find something hard because its not going to get easier if you don't keep going and trying again

Being kind will make you feel like you have made the world a better place because you have!

Our school values are kindness, honesty and respect. If everyone had these values they wouldn't hurt each other and people would have good memories not bad ones

We really need to respect others but also it is very important to respect yourself

Sometimes you must be the one that does the kind deed and ask nothing in return and then you might be the one who gets kindness, honesty and respect back. Then after a while if we all do the same and treasure honesty, kindness and respect we could be the one who creates a kindness chain.

