
*Individualised
approaches with
experience of ACEs
and childhood
trauma*



‘Rehabilitation is a primary consideration when sentencing a young person. When selecting a sentence the court should, where appropriate, seek to rehabilitate the young person and to reduce the risk of reoffending’.

Sentencing Young People (sentencing Guideline) 2021

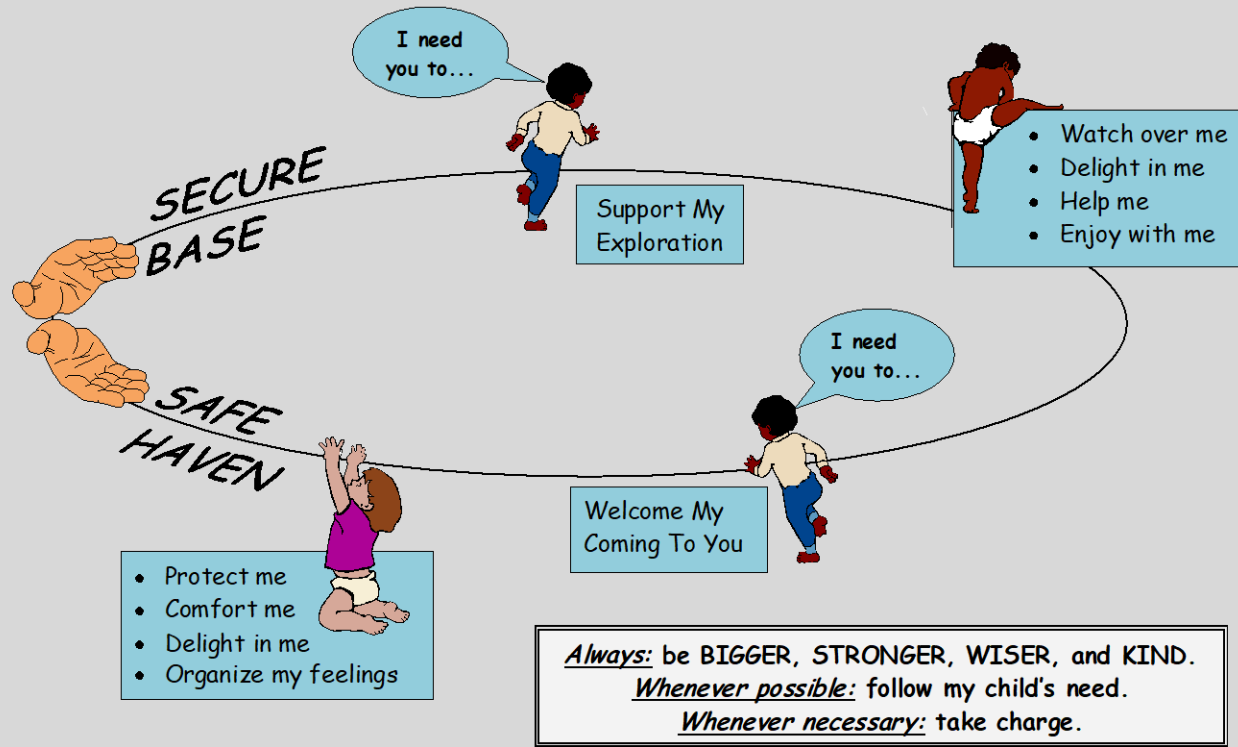
Attachment?

➤ What do we need as children?

➤ Where do we get it?

CIRCLE OF SECURITY®

PARENT ATTENDING TO THE CHILD'S NEEDS



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IF IT DOESN'T COME FROM HERE....



YOUNG PEOPLE WILL ALWAYS FIND IT HERE...

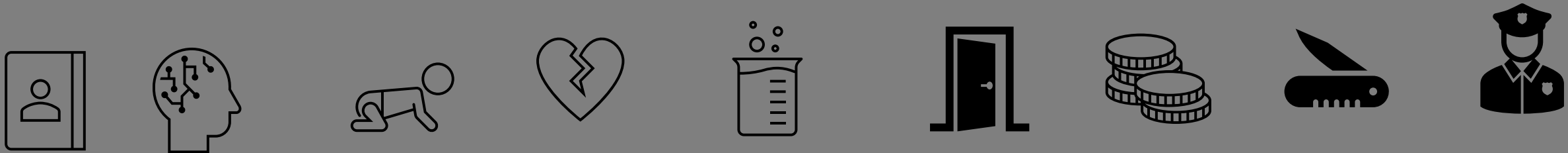


Young people are 'seeking' attachment in gangs

What can this trauma lead to?



Peter 18



Lucy 24



Danny 23

* They all experience addiction. This is a self soothing behaviour to numb the pain from trauma. This works!*

So how do we rehabilitate?

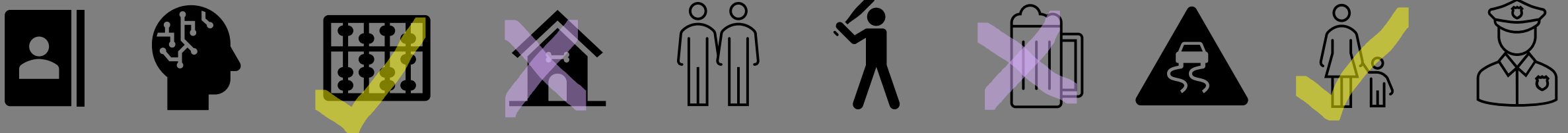


Traumatised young people need;

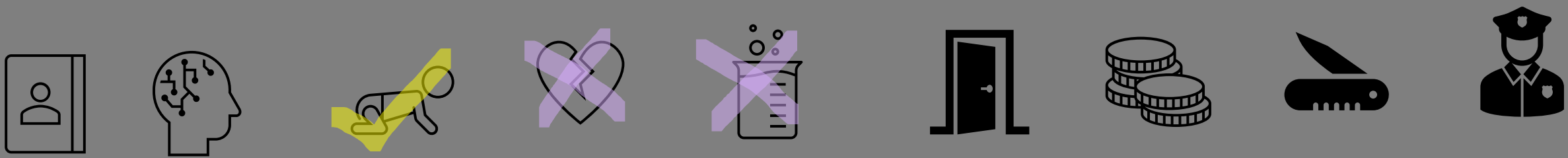
- Surrounded by healthy relationships with healthy boundaries
(the opposite of what they have had)
- Support from a mentor who has ‘lived experience’ with recovery from trauma/addiction/mental health
(emotionally mature, peer-orientated & safe role models)
- A healthy dose of hope and a system that believes they CAN change

Peter, Lucy & Danny all need this

What do we know that **WORKS and is healthy** for these individuals & **what NEEDS work** to help reduce reoffending? ?



Peter 18



Lucy 24

These are the individualized motivators and resilient factors which will rehabilitate and reduce reoffending



Danny 23

These are the individualized risk factors which will require support in order to reduce reoffending

Key take-away messages

- The science is clear, and the guidelines are not only useful , but they are also
CRUCIAL.
- We ALL have a part to play in rehabilitation and reducing reoffending. We
want to make Scotland safer. We are on your side!
- Judges – Be kinder. If you can't be kinder...at least be curious. *Ask questions
E.g., "Peter, do you think you have a problem with drugs/alcohol which affects
your violence? Would you be willing to address that?"*

- *PLEASE, PLEASE always look for who's doing relationship with these young people & increase this support. It could be a family member, support worker, SW, College lecturer, lawyer*
- We cannot separate addiction and trauma – they are too interlinked. Addiction is the coping mechanism and is most often the trigger for violence/offending behaviour

Have hope that we can achieve this. But it needs to be a joined-up, multi-agency, trauma-informed approach.

Thank you for showing up, thank you for listening and thank you for caring about the young people in Scotland