



Keep Safe Training



Avon and Wiltshire
Mental Health Partnership
NHS Trust



Keep Safe Training (Online via MS Teams)
2 days online Training on 29th and 30th September
2026 9.30am – 4.30pm
+ access to 3 x 90 minute virtual community of practice/consultation sessions

Keep Safe: intervention for children and young people with learning disabilities who have displayed harmful sexual behaviour(s) and their parents/carers

Participants are required to attend both training days.
Cost of the course is £350.00

Target Group: This course is useful for education, social care, health, and criminal justice staff working with young people aged 12 to 25 with Learning Disabilities who have displayed problematic and harmful sexual behaviours, and their parents/carers. It will also be of benefit for those working with young people without learning disabilities who have harmed sexually.

Date	Venue	Time
Tuesday 29 th and Wednesday 30 th September 2026	ONLINE Via MS Teams	9.30am – 4:30pm

Aims for the course:

- ☐ To gain an understanding of how best to intervene where there are concerns with regards to young people with learning disabilities engaging in problematic and harmful sexual behaviour.
- ☐ To develop an understanding of the Keep Safe intervention programme as well as the skills required to deliver the intervention within different contexts.

Learning Outcomes:

By the end of the course, participants should be able to:

- ☐ Understand the theory and evidence-informed practice underpinning the Keep Safe intervention with young people aged 12 to 25 with learning disabilities who have harmed sexually

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- ☐ Use the Keep Safe intervention for young people with learning disabilities who display harmful sexual behaviour(s) and their parents/carers within different contexts
- ☐ Experience some of how Keep Safe is delivered
- ☐ Develop the skills to deliver Keep Safe in both its original group-delivery format or as an individually focused family intervention within a range of contexts.

There will be both “didactic” and interactive elements. An electronic Keep Safe Manual with background, session plans and resources, and copies of the Keep Safe training power points will be made available to participants after the event.

Feedback from previous attendees

- ☐ Previous attendees have commented on what was most helpful during the training, which included:

“The creative ways the trainers delivered messages”

“The models discussed provided an opportunity to explore creative thinking and ideas that could be implemented as an intervention”

“The facilitators were warm, passionate and knowledgeable”

Places are limited to enable interactive elements.

Included in the training fee are **3 x 90 minute community of practice group sessions** via Teams across the following year, for participants to consolidate learning and access an opportunity to reflect and ask questions about delivery of the Keep Safe materials. The dates and invites for these sessions will be sent out in advance.

Next date for CoP – Wednesday 11th November 3-4.30pm on TEAMS

National guidance in 2016 has drawn attention to the needs of children and young people with learning disabilities who display harmful sexual behaviour(s) and for appropriate interventions for them (NICE guideline, NG55 “Harmful sexual behaviour among children and young people”,

<https://www.nice.org.uk/guidance/ng55>, NSPCC “An evidence-informed framework for children and young people displaying harmful sexual behaviours”, <https://www.nspcc.org.uk/services-and-resources/research-and-resources/2016/harmful-sexual-behaviour-framework/>

Schools guidance was updated in September 2021, which includes guidance relevant to child on child sexual harassment and violence and is available at <https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>

The Keep Safe intervention manual for young people with learning disabilities who display harmful sexual behaviour(s) and their parents/carers was developed and feasibility trialled by a national collaborative of practitioners and researchers



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and advisers from the learning disabilities community, hosted by the Tizard Centre, University of Kent - see [Keep Safe - Safer-IDD - Research at Kent](#) and [Keep Safe Programme - Safer-IDD - Research at Kent](#) or [Be Safe service :: Avon and Wiltshire Mental Health Partnership NHS Trust \(awp.nhs.uk\)](#)

Trainers include:

- o Stephen Barry, Clinical Team Manager/Lead Clinician, AWP Be Safe Service
- o Alice Hunt, Senior Specialist Practitioner, AWP Be Safe Service
- o Rowena Rossiter, Consultant Clinical Psychologist/Honorary Researcher, Tizard Centre, University of Kent
- o Paul Kelly, Systemic Psychotherapist

The cost of the training, manual, materials and subsequent consultation sessions is £350 per person; we can offer a discount of 10% for two or more applicants from the same service.

Closing date for applications is 4th September 2026 or when the course is full. Please email your completed application form or send queries to:

Course Administrator: FAO: Andrea Clay – awp.besafe@nhs.net

Application process:

If you would like to attend this conference please complete the attached application form and return it before closing date on
4th September 2026

Email: FAO: Andrea Clay – awp.besafe@nhs.net





Application Form:

The cost of this conference is £350.00 per person

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Please help us to help you by answering all questions and printing clearly.

Applying for a course does not guarantee you a place. Once we have completed the short listing process we will contact you to confirm the outcome of your application by email. If you do not have regular access to emails please give your manager's email address for this purpose.

Workshops	Venue	Time
Tues 29 th and Weds 30 th Sept 2026	ONLINE Via MS Teams	9.30am-4.30pm

Please give us information about you:

Full Name:	Work Email address:
Role:	Clinical delivery unit/Locality:
Work Team/Dept/Ward:	Work address & postcode:
Mobile Telephone Number:	Office Tel No:
Your Signature:	Managers Signature:
Department postal address for invoicing:	Department email address for invoicing:
Contact Name for invoice:	PURCHASE ORDER NUMBER (NB. No place will be offered without this number)



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Equalities:

To help us ensure that events are accessible please tell us of any particular needs you may have in relation to the event, e.g. diet, mobility, hearing or visual impairments, arrival and departure time, withdrawal at short notice, etc.

Please email your completed application form to:

FAO: Andrea Clay – awp.besafe@nhs.net

Course Administrator:

Andrea Clay
Be Safe Service
Barton Hill/Wellspring Settlement
43 Ducie Road
Bristol
BS5 0AX
Tel: 0117 3408700
Email: **FAO: Andrea Clay – awp.besafe@nhs.net**

Participant contact details will be held on a joint practice database between AWP and Tizard Centre, University of Kent so that we can provide you with updates to materials and further training opportunities